



Jennifer A. O'Connor
Sr. Career Consultant

Jennifer's professional career includes management positions in organizational development, recruiting, training, performance management and career counseling.

Jennifer's professional background includes HR management positions in the telecommunications, manufacturing and food distribution industries as well as the career management industry. Her collaborative communications skills coupled with her unique abilities to recognize and develop a candidate's strengths during the transition process have positioned her as a true leader in the career management process. She demonstrates her sincerity with every candidate she works with and has been instrumental in helping many of them regain their self confidence in order to ensure a successful career transition.

Jennifer is skilled in both one-on-one counseling and stand-up workshop instructional formats. She strives for perfection in her delivery methods and is very cognizant that her work affects the lives and careers of her candidates and their families. Her total commitment to delivering the highest level of quality services is one reason why many of her past employees still continue to seek her advice regarding their professional careers.

Jennifer is active in the Human Resources Management Association of Greater St. Louis and the Society of Human Resource Management. She also volunteers her time with the local chapter of The Girl Scouts of America as a presenter of programs dealing with citizenship, character building and leadership.

Jennifer and her family reside in St. Louis, MO. She earned her B.A. in Business Administration from the University of Missouri – Kansas City.